



CERTIFIED HYPNOTHERAPY DIPLOMA – 100 HOURS

“From Curious to Certified: Become a Practicing Hypnotherapist in Just 6 Months”

 A power-packed 10-level transformation

 Live Every Friday | 8:30 PM – 9:30 PM IST

 Starting September 6, 2025

This isn't just a course. It's a complete shift in how you understand the human mind, how you help people heal, and how you show up as a confident, skilled, and income-generating therapist.

Whether you're a psychology student, a healing practitioner, or a curious learner — this 100-Hour Certified Hypnotherapy Diploma is your gateway to the subconscious world.

WHAT YOU'LL LEARN – 10 LEVELS, 100 HOURS OF MASTERCLASS TRAINING

Every level is 10 hours long. Five hours are packed with deep theory, and five hours are live practicals where you apply what you learn — with supervision, feedback, and reflection. You'll meet every Friday night, from 8:30 PM to 9:30 PM IST, in an immersive weekly ritual that builds your mastery step-by-step.

You'll begin with the roots — history, science, myths, and models of the subconscious mind. You'll learn how to guide someone safely into trance, how to use powerful hypnotic language, and how to work with deep emotional content.

Then we'll dive into age regression, past life regression, and trauma-informed healing. You'll learn how to handle phobias, anxiety, shame, guilt, addictions, and even physical pain — all through hypnotherapy. You'll master behavior reprogramming, help clients shift lifelong patterns, and even perform past life journeys that release karmic bonds and unresolved emotional memories.

You'll be crafting real scripts. Practicing on peers. Getting expert feedback. And in the final two levels, you'll learn how to actually build a career — how to create client packages, how to position yourself on Instagram or in your city, and how to price and offer your services professionally.

DATES – YOUR 6-MONTH HYPNOSIS IMMERSION

We begin Friday, September 6, 2025 and end in February 2026. You'll attend once a week — every Friday night — for 1 hour. That's 25 Fridays in total, including integration breaks after every two levels, giving you space to reflect, journal, and practice.

Each class is clear, powerful, and progressive. One hour. One focus. One step deeper into the subconscious mind.

TOP MODALITIES & SKILLS YOU'LL MASTER

- Self-Hypnosis
- Hypnotic Language & Script Writing
- Inductions & Trance Deepening

- Age Regression Therapy
- Inner Child Healing
- Past Life Regression Therapy (PLR)
- Habit Reprogramming
- Emotional Healing (Anxiety, Shame, Fear, Guilt)
- Pain & Psychosomatic Healing
- Parts Therapy & Inner Dialogue
- Hypnosis for Sleep, Confidence, Motivation
- Trauma-Informed Practice
- Client Management & Session Design
- Ethics, Boundaries, and Real-World Application
- Instagram Branding & Client Positioning



WHY THIS IS CV & CAREER GOLD

Forget the fluff. This diploma makes your resume irresistible. You'll walk away with:

- A Certified Hypnotherapy Practitioner Certificate (100 Hours)
- Letters of Recommendation (Top 10%)
- 10 Skill Badges (Level-wise)
- A Real Client Portfolio: Scripts, Cases, Sessions
- Feedback from Mentors
- Exposure to 15+ Hypnotherapy Techniques
- A LinkedIn-ready line that screams PRACTICAL EXPERIENCE

- Recorded peer sessions for your client base or interviews

This program will impress internship coordinators, HR teams, therapy centers, and even global SOP reviewers. You're not just learning. You're practicing. You're becoming.

HOW YOU CAN EARN WITH HYPNOTHERAPY

This course is not just therapeutic. It's income-generating. Here's how:

- Offer 1:1 Hypnotherapy sessions (₹1500–₹5000/session)
- Start Past Life Regression Journeys (₹2500–₹10,000/session)
- Host group meditations, workshops, or retreats
- Sell journaling tools, guided audios, hypnosis scripts
- Create emotional healing reels, content, and IG lives
- Offer services in schools, wellness centers, and corporates
- Freelance in coaching spaces or retreats
- Add Hypnosis as a paid upgrade to your existing practice

You're building a skill that not only heals others, but earns you visibility, referrals, and aligned clients.

FINAL MODULE – BUSINESS, BRANDING & YOUR CERTIFICATION SHOWCASE

The final month is all about becoming the professional:

- How to build a digital presence
- How to price sessions and packages
- What disclaimers to use in India
- What clients expect — and what you deliver
- Preparing your toolkit: PDF, Reel Bio, Testimonials
- Final Submission: Case + Script + Reflection
- Certificate Ceremony + Portfolio Review

You won't leave confused. You'll leave READY.

WHO THIS COURSE IS FOR

- ✓ Psychology Students (BA, MSc, Diploma)
- ✓ Aspiring Healers, Coaches, Counselors
- ✓ Reiki, Tarot, or Yoga Practitioners
- ✓ Anyone who wants to practice subconscious work
- ✓ Anyone who wants to build a parallel income stream
- ✓ Anyone who believes the real work begins within

 **THIS IS NOT A COURSE. IT'S A TURNING POINT.**

You'll walk in with curiosity...

You'll walk out a confident, practicing hypnotherapist.

From healing yourself to building your brand, from conducting real sessions to pricing your own offerings — this program is the deepest, most hands-on hypnotherapy training you'll ever attend.

Weekly. Focused. Practical. Certified.



All Fridays from Sept 6, 2025 – Sept 12, 2026



8:30 PM – 9:30 PM IST (1 hour weekly)



10 Levels (10 Hours Each)



50 Hours Theory + 50 Hours Practical




Break/Integration weeks included



FULL DATE SHEET – HYPNOTHERAPY DIPLOMA (100 HOURS)




LEVEL 1: Foundations of Hypnotherapy

 Sept 6 – Oct 4, 2025

1. Sept 6 – Introduction to Hypnosis & Mind Models
2. Sept 13 – History, Myths & Science of Hypnosis
3. Sept 20 – Brainwaves & Suggestibility
4. Sept 27 – Self-Hypnosis Demo + Practice
5. Oct 4 – Group Hypnosis + Safe Space Anchoring (Practical)



LEVEL 2: Language of the Subconscious

 Oct 11 – Nov 8, 2025

1. Oct 11 – Hypnotic Language Patterns & Power Words
2. Oct 18 – Embedded Commands & Rapport Techniques
3. Oct 25 – Writing Effective Hypnosis Scripts
4. Nov 1 – Delivering Scripts Live (Peer Practice)
5. Nov 8 – Language Mastery Roleplays (Practical)

 BREAK WEEK – Nov 15, 2025

 Assignment: Record your script + submit reflection




LEVEL 3: Induction & Deepening Techniques

 Nov 22 – Dec 20, 2025

1. Nov 22 – Induction Types: Progressive, Rapid, Eye Fixation
2. Nov 29 – Depth Testing & Trance Signals
3. Dec 6 – Deepening Techniques: Countdown, Elevator, Fractionation
4. Dec 13 – Induction Practice + Feedback
5. Dec 20 – Create & Deliver Your Signature Induction (Practical)



LEVEL 4: Age Regression Therapy

 Dec 27, 2025 – Jan 24, 2026

1. Dec 27 – Regression Basics & Inner Child Work
2. Jan 3 – Emotional Memory Mapping + Timelines
3. Jan 10 – Reframing & Re-parenting in Regression
4. Jan 17 – Age Regression Live Demo
5. Jan 24 – Peer Regression + Supervision (Practical)

 BREAK WEEK – Jan 31, 2026

 Task: Conduct and document 1 regression session



LEVEL 5: Past Life Regression Therapy (PLR)

 Feb 7 – Mar 7, 2026

1. Feb 7 – Spiritual Framework of PLR + Ethics
2. Feb 14 – Energy Memory, Soul Contracts & Karmic Loops
3. Feb 21 – Induction Techniques: Tunnel, Staircase, Cloud
4. Feb 28 – Group PLR Experience
5. Mar 7 – PLR Practice + Symbol Interpretation (Practical)

 BREAK WEEK – Mar 14, 2026

 Task: Case study on regression/PLR + journal



LEVEL 6: Emotional Healing & Block Removal

 Mar 21 – Apr 18, 2026

1. Mar 21 – Guilt, Shame, Anxiety Healing via Hypnosis
2. Mar 28 – Parts Therapy & Inner Dialogue
3. Apr 4 – Script Crafting for Emotional Healing
4. Apr 11 – Emotional Sessions (Live Demo)
5. Apr 18 – Grounding & Anchoring Techniques (Practical)



LEVEL 7: Behavior & Habit Reprogramming


 Apr 25 – May 23, 2026

1. Apr 25 – Behavior Loop Theory & Habit Change
2. May 2 – Hypnosis for Smoking, Food Cravings, etc.
3. May 9 – Motivation Building via Visualization
4. May 16 – Habit Session Simulation
5. May 23 – Design Your Own Habit Session (Practical)

 BREAK WEEK – May 30, 2026



LEVEL 8: Psychosomatic & Pain Management

 Jun 6 – Jul 4, 2026

1. Jun 6 – Mind-Body Disorders & Healing with Hypnosis
2. Jun 13 – Pain Dissociation & Visualized Cell Healing
3. Jun 20 – Sleep, Chronic Fatigue, and Health Protocols
4. Jun 27 – Mind-Body Healing Session
5. Jul 4 – Psychosomatic Case Simulation (Practical)




LEVEL 9: Client Management & Hypno-Coaching

 Jul 11 – Aug 8, 2026

1. Jul 11 – Structuring Sessions & Intake to Exit
2. Jul 18 – Combining Hypnosis with CBT/NLP/Coaching
3. Jul 25 – Handling Resistance, Overwhelm, Emotional Shut Down
4. Aug 1 – Live Case Management Roleplay
5. Aug 8 – Create a 3-Session Client Plan (Practical)



LEVEL 10: Branding, Ethics & Certification

 Aug 15 – Sept 12, 2026

1. Aug 15 – How to Launch Your Practice
2. Aug 22 – Instagram Branding + Client Funnels
3. Aug 29 – Legal Ethics + Scope of Practice
4. Sept 5 – Final Case Presentations
5. Sept 12 – Certificate Ceremony + Portfolio Review